

Activities 2025-26

REPORT ON OUTREACH PROGRAMME 2025-26

Bhavya - the Women's cell in collaboration with National Service Scheme (NSS) of Bhavans Vivekananda College conducted an Outreach program at ZPHS, Keshawaram and Sri Saraswati Vidya Niketan on 10th November 2025 from 9:30 AM to 5:00 PM.

The main agenda of the program was on spreading awareness on menstrual hygiene, self-grooming and nutritious food among rural people. The program was inaugurated by Mrs. Ajitha, coordinator of Bhavya – the women's cell, describing the importance of the cleanliness and self-grooming. The student coordinator Ms. Rama continued with an interesting story of a girl named *Laxmi* which covered about the menstrual hygiene and wellness. The program was continued with the importance of good habits during the periods. Cell members actively participated in explaining the need of eating vegetables and fruits and explained about the major vitamins that really helps during periods. Cell members also performed roleplays making it humorous and interactive for the better understanding of nutrition, menstrual hygiene and self-grooming. Students also actively participated in answering the questions and earned rewards. Around 112 girls and 40 women attended the sessions. The Sanitary Napkins and self-grooming essentials were distributed to the girl students of rural schools. The Outreach program gave awareness about the menstrual hygiene and wellness by making it interactive towards the students making it a great success.



Bhavya - the Women's cell in collaboration with National Service Scheme (NSS) of Bhavans Vivekananda College conducted an Outreach program at ZHPS, Keshawaram



Bhavya - the Women's cell, student members explained main agenda of the program